

Project: Meditation App  
Screen: Screen Functionalities

A mobile application for stress reduction through mediation and deep breathing.  
The user can use preset chimes and durations, customize these functions, and setup programs of presets on a schedule.

Launch Screen

- Start the default mediation or deep breathing session
- Choose a different preset session
- Edit the duration of this preset
- Edit the starting chime
- Edit the ending chime
- Add an interval chime
- Add music
- Create a new preset using this one as the basis

Activity Screen

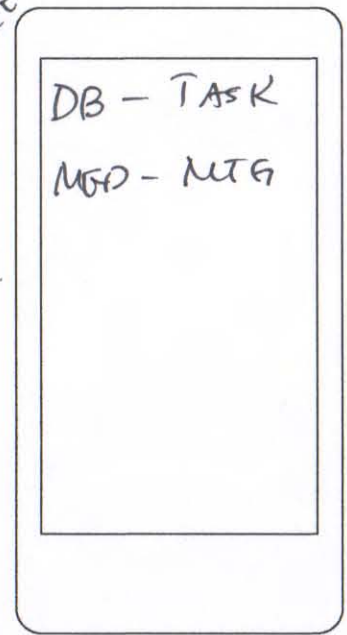
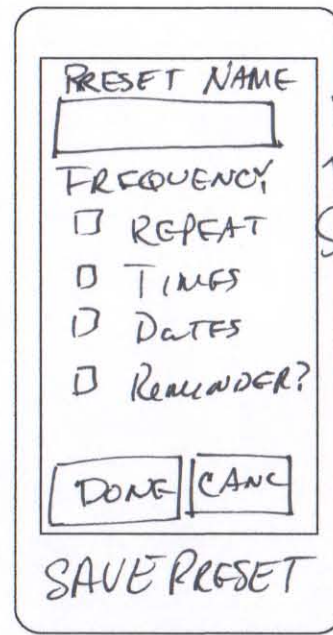
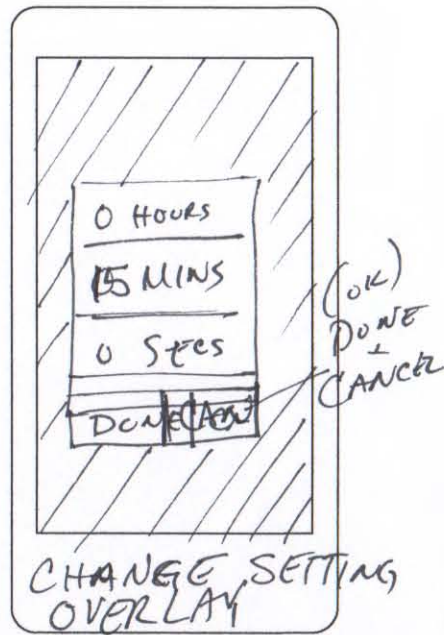
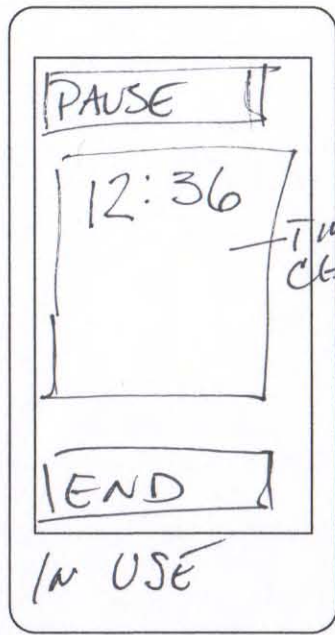
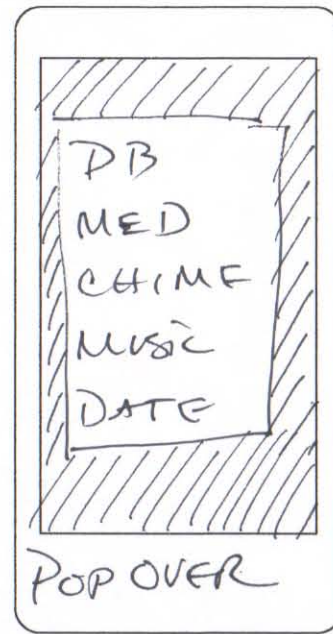
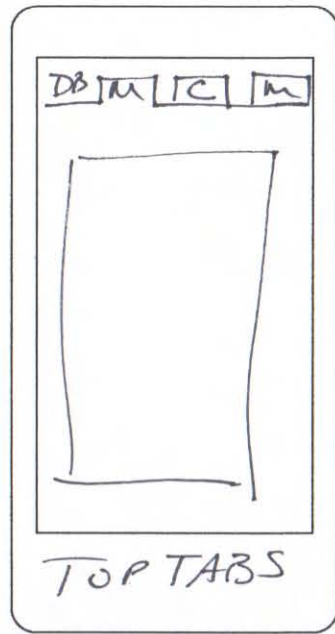
- Pause session
- End session
- View remaining time session
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Presets Screen

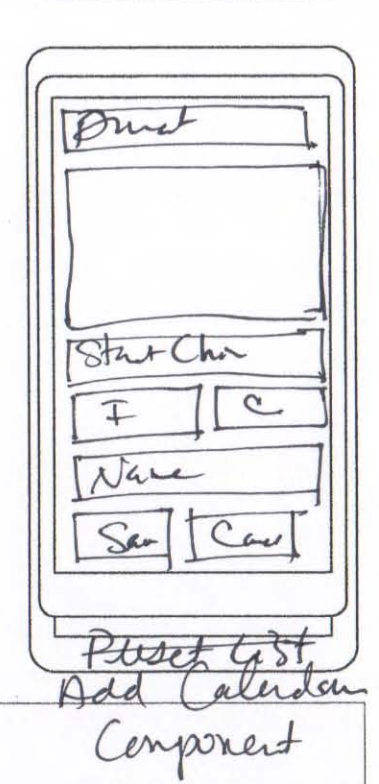
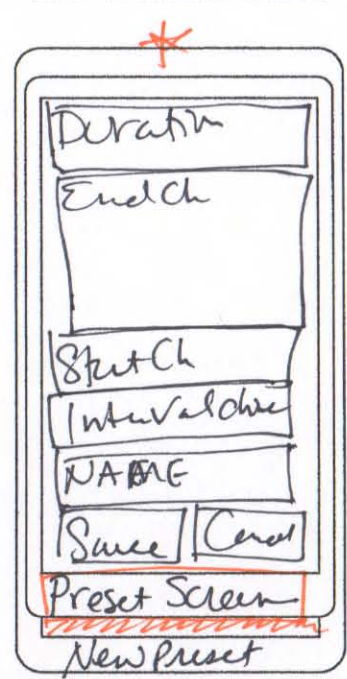
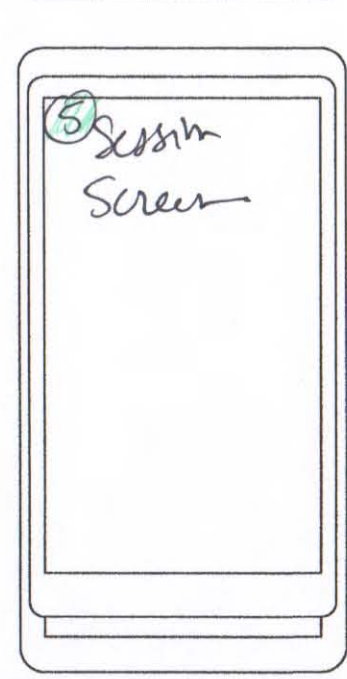
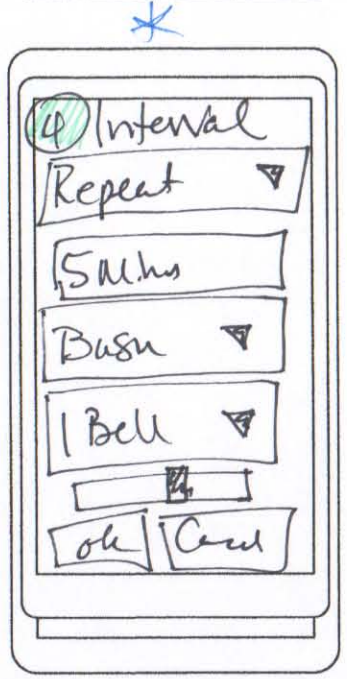
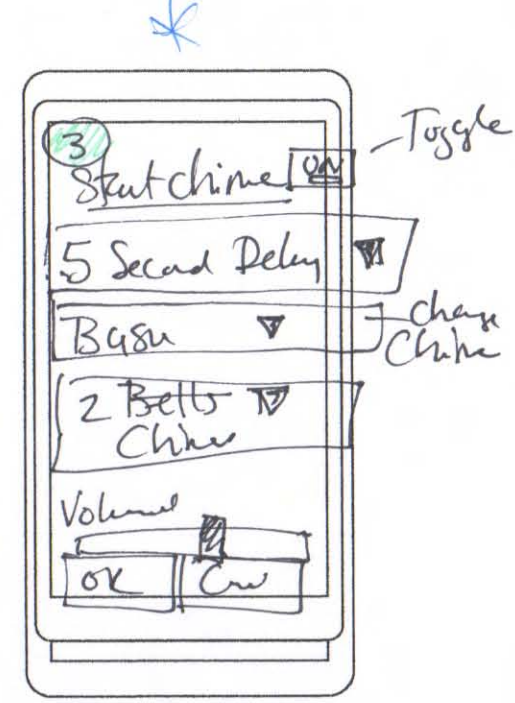
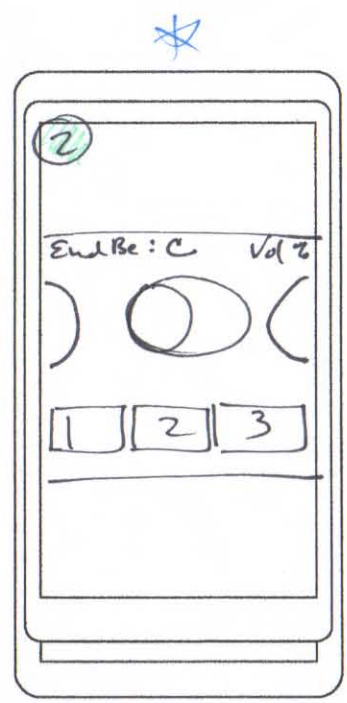
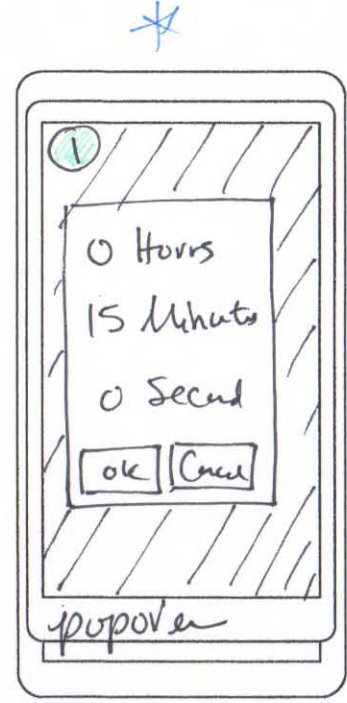
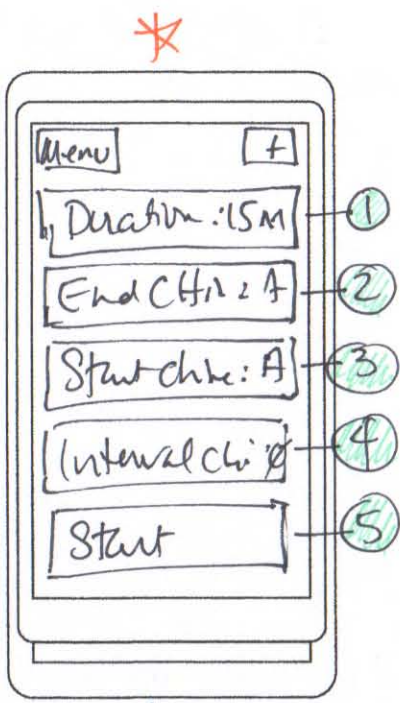
- View list of presets
- Access edit mode for any preset
- Create a new preset
- Create a new preset based on one of these existing ones
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Settings Screen

- Add music
- Add chimes
- Maybe create programs - which are supersets of presets
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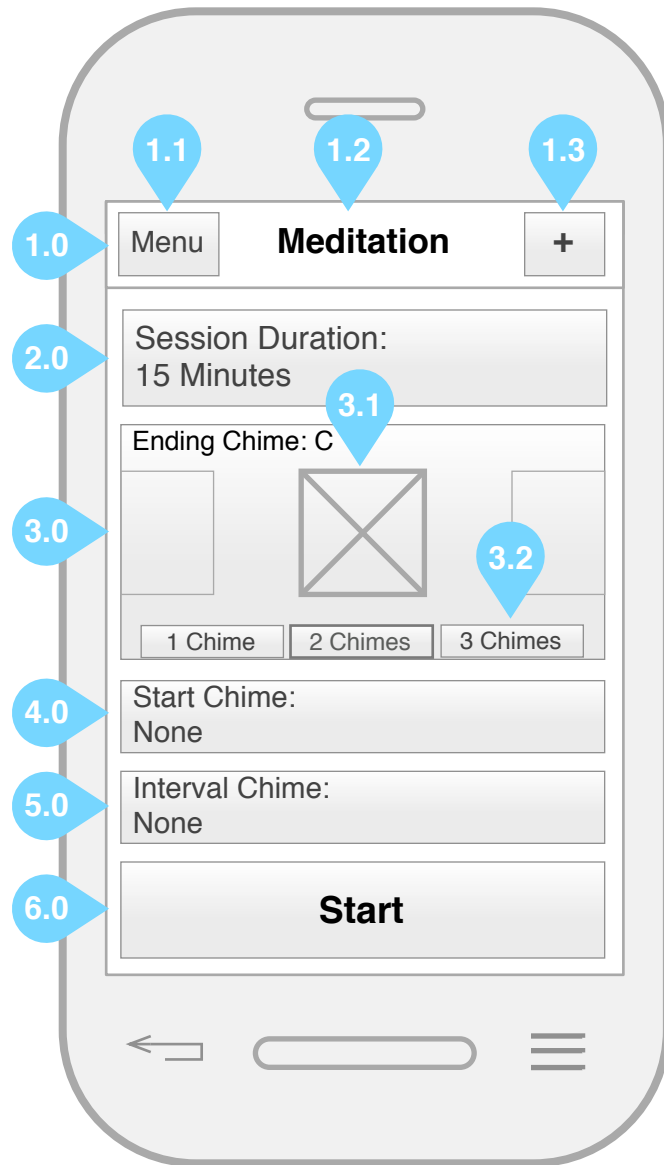


MEDITATION APP - NAVIGATION - INITIAL SCREEN



Launch Screen

Project: Meditation App  
Screen: Launch Screen



1.0 Action Bar

1.1 Menu button: on click display left side navigation

1.2 Application title

1.3 Add button: on click display interstitial preset naming window.

2.0 Label: Session Duration, display duration time.  
Behavior: on click brings up time setting dialog.

3.0 Ending chime controls: header displays chime name

3.1 Display chime image, on click play chime as preview, chime number to match 3.2 choice, swipe to go to next or previous chime.

3.2 3 buttons, selection indicates how many times the ending chime will play.

4.0 Label: Start Chime, display start chime if applicable, none otherwise.  
Behavior: on click brings up interstitial chime setting dialog.

5.0 Label: Interval Chime, display intervals if applicable, none otherwise.  
Behavior: on click brings up interstitial time setting dialog.

6.0 Button: Start  
Behavior: on click the session screen displays and the timer countdown begins.

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